

Discovery Dialogues ★ Client Information

(If more space is needed, feel free to provide additional details on a separate page.)

All the information you provide will remain private, unless you request that it be shared.

Name _____ Date _____

Address _____

City _____ State _____ Zip _____

Phones - Cell _____ Home _____ Work _____

Email Address _____ Profession _____

Age _____ Relationship/Marital Status _____

Prior Neural Retraining Experience (if applicable):

- EFT/Tapping
- EMDR
- Gupta Program
- DNRS Program
- Biofeedback
- Neurofeedback
- Other _____

Feedback About Any Prior Neural Retraining Experience (if applicable):

Please describe what you would like to gain from your Discovery Dialogue session(s):

Current Health Status (Physical, Mental, Emotional, Spiritual) | Indicate the time frame and circumstances surrounding the onset of any current health challenges (where relevant)

Any Current/Relevant Treatment Protocols and/or Health Regimens

If you have any history of trauma, injuries and/or surgeries, please provide date(s) and describe:

Are you currently under psychiatric care or in psychotherapy? ____ Yes ____ No

If yes, please list name of health care practitioner and describe _____

Have you been in therapy or had psychiatric treatment in the past? ____ Yes ____ No

If yes, please describe _____

Are you currently on any medication(s) for your physical or mental health? ____ Yes ____ No

If yes, please describe _____

Is there anything else you would like me to know? _____

Who may I thank for your referral? _____

**Discovery Dialogues ★ Metta Zetty, M.Ed.
Insight Mentoring & Thrive Neural Retraining
Disclaimer, Waiver and Informed Consent Agreements**

About Metta's Facilitation, Mentoring and Training Services - I understand and agree that:

- Metta Zetty is a facilitator, mentor and trainer (M.Ed.), and not a medical doctor (MD).
- Metta Zetty provides education, training and coaching services, not medical treatment.
- Insight Mentoring, Thrive Retraining, Discovery Dialogues and the Thrive Neural Retraining Program (TNR) are all educational processes that constitute training, not treatment.
- None of the aforementioned processes can be used to diagnose, treat, cure or prevent any disease or any psychological/mental health conditions/disorders.
- None of the aforementioned processes replace standard medical and/or mental health care.
- No specific health results of any kind are promised or guaranteed.
- Metta Zetty's dramatic 5-day health recovery using her own customized approach to neural retraining is NOT the norm. Many people dedicate months or even years to neural retraining, with results that vary widely.

About Thrive Neural Retraining Program - I understand and agree that:

- All the materials in the Thrive Neural Retraining Program are (or soon will be) available for free in the online version of the DiscoveryNow library.
- Access to the TNR program and the DiscoveryNow library is purely educational and does not constitute treatment for any physical, medical or mental health conditions.

About Neural Retraining - I understand and agree that:

- If I choose to begin neural retraining, I will be designing my own customized approach to neural retraining based on my own personal interests and preferences.
- I accept and assume full responsibility for:
 - my own decisions in designing and implementing my own approach to neural retraining;
 - my own mental, emotional and physical experience while I am retraining; and
 - any/all results associated with my neural retraining process.

About Pricing, Privacy & Liability - I understand and agree that:

- Pricing for individual and/or group coaching/mentoring/dialogue sessions will reflect current pricing at the time my session(s) is (are) scheduled.
- All individual dialogue sessions will be recorded for private, archival purposes and will never be shared without your prior consent. (See optional consent form below.)
- Group dialogue sessions may be recorded and shared publicly and/or stored in private, password-protected online archives for access by group coaching program participants.
- I and my representative(s) agree to fully release and hold Metta Zetty harmless from and against any and all claims or liability arising out of or in connection with the Thrive Neural Retraining (TNR) program and any/all dialogue/coaching/mentoring/training sessions.

➤ PLEASE CONFIRM YOUR UNDERSTANDING AND AGREEMENT BELOW

Print Name _____ Date _____

Signature _____

➤ OPTIONAL VIDEO CONSENT

I consent for my video dialogue session to be recorded and shared in a public archive.

Print Name _____ Date _____

Signature _____